



Oasis Colon Hydrotherapy

Articles

A Brief History of Colon Therapy

The therapy of the colon (large intestine) and its benefits have been known and practiced for hundreds of years. Dating back to ancient times, enemas were recorded as early as 1500 B.C., in an Egyptian medical document called the "Eber Papyrus"; Hippocrates, Pare and Galen also advanced the use of enema therapy. In earlier times, people implemented enema treatments in a river by using a hollow reed to induce water to flow into the rectum.

At an earlier time in America . . . Enemas were a commonly used procedure to help maintain health and stave off disease.

For example, before the departure of the Lewis and Clarke expedition, a physician instructed them in the appropriateness of using enemas in cases of fever and illness. Our grandparents and great-grandparents grew up with the use of enemas as a widely accepted procedure for reversing the onset of illness.

In the early 1900's in Battle Creek, Michigan... John H. Kellogg, M.D., extensively used colon therapy on some forty thousand of his patients. In 1917 he reported in the Journal of the American Medical Association -- that in all but 20 cases -- he used no surgery for the treatment of gastrointestinal disease in his patients...

"In times past, knowledge of the bowel was more widespread and people were taught how to care for the bowel. Somehow, bowel wisdom got lost and it became something that no one wanted to talk about anymore."

Bernard Jensen, D.C.

The popularity of colon therapy in the United States reached its apex in the 1920's and

1930's. At that time, colon irrigation machines were commonly seen, and regularly used as a standard practice, in hospitals and physician's offices. But in the ensuing 50 to 60 years the public's use of, and access to this valuable health treatment greatly decreased.

The public's present lack of knowledge regarding this -- and other personal health care treatments -- together with the widely held belief by orthodox medical practitioners... that such treatments are no longer useful... may be the single most important factor in the current ill-health of the American population.

Proper bowel management and health will never be achieved through the use of drugs and/or surgery.

We believe the answer lies in time-proven and natural approaches to health care... including alternative therapies such as Colon (Hydro)therapy!

And in the last 10 years... there has been a resurgence of interest in alternative medicine and personal health care responsibility.

Once again people are discovering the many health benefits of maintaining a strong and biologically sound colon. This return to using colon therapy has been bolstered by the development of sophisticated colon therapy machines, which make these therapies both safe and convenient.

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