



# Oasis Colon Hydrotherapy

Articles

## The De Welles Method of Colon Hydrotherapy

by Valerie Eastman (Naturopath)

Dr. De Welles is international known and considered by many to be the outstanding authority in America on disorders of the colon and the method for their recovery.

***It is important to understand that colon therapy is not an enema.***

To be effective, colon therapy must be gravity fed, which gives no pressure.

The water must be going in and out of the colon via a two way instrument inserted into the anus, with oxygen to kill the deadly anaerobic bacteria and release impacted waste materials from the walls of the large bowel.

The water does not enter the small intestine and the oxygen does not harm the natural bacteria of the bowel.

### Putrefactive material cleansed

The continuous inward and outward movement of the water is essential if the bowel is to be cleansed of putrefactive material.

Dr. De Welles states: "The colon is a sewerage system, but be neglect and abuse it becomes a cesspool.

"When it is clean and normal we are well and happy: let it stagnate, and it will distil the poisons of decay, fermentation and putrefaction into the blood, poisoning the system so that we become depressed, irritable, weak and listless; poison the lungs so

that the breath is foul, poison the digestive organs so that we are distressed and bloated

and poison the blood so that the skin is sallow and unhealthy.

"In short many organs of the body are poisoned and we age prematurely, look and feel old: the joints are stiff and painful: neuritis, dull eyes and a sluggish brain overtake us, and the pleasure of living is gone."

### Bacterial Poisons

English physicians, members of the Royale Society of Medicine in Great Britain state: "It is no longer possible to ignore the importance of alimentary toxæmia or auto-intoxication (self poisoning) as a fact in the production of disease.

"It may be said that a great many chronic diseases are directly or indirectly due to the influence of bacterial poisons absorbed from the intestine.

"The colon may be justly looked upon as a veritable Pandora's box out of which come more human misery and suffering, mental as well as physical, than from any other known source."

*Source: Western Australian Newspaper.  
Exact source and date unknown.*

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